

## Thank you for seeking a Veterinary Behavior Consultation with Pine Woods Animal Hospital

- We welcome the opportunity to meet you and your pet, to help you understand their behavior and improve your human animal bond!
- **Please note that Dr. Gerevics is NOT a behavior specialist, but a general practice veterinarian with a special interest and additional training in behavior medicine. You WILL be provided with several options on how to include a behavior specialist in your pet's treatment plan.**

### Preparing for Your Visit

- Please complete the attached behavioral history **questionnaire** with as much detail as possible. It's helpful to have information from more than one household member because different people may have different experiences with the pet.
- We request that you ask your veterinarian to send us your pet's complete medical record. Health history is a crucial piece of our assessment and influences our treatment choices, therefore, we need medical notes and lab results not just a vaccine certificate or history line items/receipts.
- All paperwork must be complete and received to schedule an appointment, please submit by email ([PWAHBehavior@gmail.com](mailto:PWAHBehavior@gmail.com)). **Please note we are unable to utilize .pages documents or jpegs, only pdfs and word documents will be accepted by email. Printed documents can be scanned to a pdf using one of the many free scanning apps available on your cell phone.**
- Please note that behavioral advice cannot be given before your appointment; a doctor-patient relationship must be established first.

### Scheduling and Follow Up

- Once your paperwork is received, we will schedule an initial behavior consultation (done via phone call) and the in-hospital examination. Both portions of the consultation will be followed by a full written report within 5 business days. **Please note that formal diagnosis, behavior modification recommendations, and a medical plan for your pet's behavior problem will not be provided until after the in-hospital examination.**
- Once a plan has been finalized, a copy of all pertinent information and test results will be shared your primary care veterinarian.
- We can make treatment plan changes (including medications, training, and management) for up to three months after your appointment. After three months any changes to the treatment plan, including medication changes, will need to be assessed at a recheck appointment. If no changes are necessary, we can continue to refill medications for up to six months following your appointment. A recheck appointment is necessary for prescription renewal after six months. *This ensures that your pet will be given the best care possible. You have the option of having your primary care veterinarian take over prescription responsibilities.*
- **Please alert your clinician by email when you need refills. We will arrange for refills within 72 hours. Because most pharmacies require 48 hours to process refills, please contact your clinician 5-7 days in advance to ensure there will be no gaps in your pet's medication regimen.**

### Costs

Initial Phone Consultation (includes complimentary exam)	=	\$165
Follow up Consultation	=	\$88
Pre-medication bloodwork	=	~\$250 (+/-depending on medical concerns)
Sedation if needed during exam	=	~\$100 (+/-depending on size of pet/level of stress)

Pine Woods Animal Hospital  
 570 E. Robinson St. North Tonawanda, NY 14120  
 Phone: **716-695-7836** Fax: **716-695-7837**  
 Email: [PWAHBehavior@gmail.com](mailto:PWAHBehavior@gmail.com)

## INITIAL BEHAVIOR QUESTIONNAIRE FOR CATS

**Patient Info:**

Pet's name: Breed:  
 Age: Date of birth:  
 Sex: Neutered/Spayed? Y / N  
 Weight:

**Owner Info:**

Last name: First name:  
 Street address:  
 City, State, ZIP:  
 Preferred phone: Secondary phone:  
 Email:

Who referred you to us?:

**Who is your regular veterinarian?**

Dr.  
 Clinic Name:  
 Street address:  
 City, State, ZIP:  
 Phone:  
 Fax:  
 Email:

Please have your pet's veterinary records  
 emailed or faxed to [PineWoodsAnimal@gmail.com](mailto:PineWoodsAnimal@gmail.com)  
 Attn : Behavior Referral or 716-695-7837

Who is your preferred pharmacy if local prescriptions need to be filled for your pet:

**HOME ENVIRONMENT**

Please list the people, including yourself, living in your household:

Name	Age	Sex	Relationship (i.e. self, spouse)	Occupation (Optional but sometimes helpful)	Average # of hours away from home per day	Quality of relationship with cat

## HOME ENVIRONMENT, cont.

Please list **all** the animals in the household **in the sequence they were obtained**:

Name	Species	Breed	Sex	Neutered?	Age obtained	Age now	Quality of relationship with cat

## BACKGROUND INFORMATION

1. How long have you had your cat?
2. How old was your cat when you first acquired him/her?
3. Where did you get your cat?
4. Has this cat had other owners?  Yes  No If yes, how many?
5. Why was the cat given up by the previous owners?
6. Why did you acquire this cat?
7. Have you owned cats before?  Yes  No
8. Did you meet this cat's parents or littermates?  Yes  No
9. Do you know if the parents or littermates engaged in similar behaviors?  
 Yes, they did/do  No, they don't/haven't  Don't know
10. If so, what behaviors were exhibited by whom?
11. How does your cat react to strangers?
12. How does your pet behave in veterinary offices and while being examined? Do they allow for an examination to be completed and blood to be drawn without excessive restraint, resistance or escalating aggression?
13. Do you think the use of injectable sedation would be potentially beneficial?

**BEHAVIOR HISTORY**

Please fill out the table below regarding your cat’s primary behavior problems and other problems you would like addressed.

Problem – Please include dates and details of recent incidents	Age at which problem began

How have the problems progressed over time? For example, “the cat occasionally urinated on carpet at 2 years of age, but stopped using the box entirely a year later.”

Has the frequency or the intensity of the occurrence of the behavior changed since the problem started?  Yes  No  
If so, how and when?

## FEARS AND ANXIETIES

Please complete the table below. Please check all that apply.

Circumstance	Hides	Escapes	Urinate	Defecates	Dilates pupils	Hisses	Vocalizes	Puffs up (fur/tail)	Other
Cat is home with family									
Visitor enters home									
Visitor approaches / interacts with cat									
Cat is home with family but separated from family members									
Cat is home alone									
Another household cat approaches									
Household dog approaches									
At veterinary office									
At groomer's									
New object in home									
Unfamiliar animal approaches									
Loud noises									
Owner is cleaning/renovating									

## AGGRESSION SCREEN FOR CATS

The following chart provides information about aggression, its intensity, and in what situations it is elicited. **For each situation listed, check your cat's worst reaction in the past.** These questions refer to situations in the past. Please do not do these things to determine your cat's reaction. If he or she has never been in a particular situation, please check "situation does not apply".

Circumstance	No aggression	Growls, swats, shows other aggressive behavior without biting	Bites (makes contact)	Situation does not apply
<b>General Interactions</b>				
Family member stares at cat				
Family member reaches toward or bends over cat				
Family member pets cat				
Family member hugs/kisses cat				
Family member lifts cat				
Family member approaches cat while resting				
Family member pushes/pulls cat (e.g., off furniture)				
Family member enters or leaves room cat is in				
Family member approaches/disturbs cat while eating				
<b>Grooming</b>				
Cat's ears or eyes are cleaned or treated				
Cat's nails are trimmed				
Cat is brushed/combed				
<b>Interactions with other household pets</b>				
Dog approaches cat while eating				
Another cat approaches cat while eating				
Cat encounters other cat near the litter box				
Another cat approaches/disturbs cat while resting				
Dog approaches/disturbs cat while resting				
Cat approaches another household cat who is resting				
Cat approaches another household cat who is eating				
<b>Veterinary visits</b>				
Cat is in the waiting room				
Veterinarian/staff member handles/examines cat				
Cat is removed from or put back in carrier				
<b>Punishment</b>				
Cat is verbally scolded or yelled at				
Cat is physically punished (hit)				
<b>Response to strangers</b>				
Unfamiliar person (adult) approaches cat				
Unfamiliar person (adult) speaks to/pets cat				
Unfamiliar child approaches or interacts with cat				
Response to infants or toddlers				
Unfamiliar person approaches/passes window while cat is indoors				
<b>Response to unfamiliar animals</b>				
Unfamiliar cat approaches/passes window while cat is indoors				
Unfamiliar cat approaches/interacts with cat outside				
Unfamiliar dog approaches/passes window while cat is indoors				

## ENVIRONMENT

1. What type of area do you live in (Urban, suburban, etc.)?
2. What type of home do you live in (studio, apartment, house)?
3. Has your household changed since acquiring your cat?  Yes  No  
If so, how?

## DAILY SCHEDULE

1. Is your cat:  
 Indoors only  Outdoors only  
 Primarily indoors: on average, per day, spends how many hours outside:  
 Primarily outdoors: on average, per day, spends how many hours inside:  
 Other, please explain:
2. Does your cat have access to the outside through a cat door?  Yes  No
3. If kept indoors, is your cat restricted to a specific area or room in the house?  Yes  No  
Describe:
4. How many times do you play with toys or play games with the cat, daily (on average)?
5. How long does each play session last, on average (in minutes)?
6. Where does your pet sleep?
7. Is your cat very active at night?  Yes  No  
Describe:

## DIET AND FEEDING

1. Who feeds your cat?
2. What do you feed your cat? (Please be specific, i.e. brand name, canned vs. dry)
3. How many meals is your cat fed each day or is he/she fed free choice?
4. How much food do you feed your cat, per day?
5. Where is your cat's food bowl?
6. Does your cat have a good appetite?  Yes  No  
Explain:
7. What is your cat's favorite treat or human food (i.e. Pounce treats, tuna)?

## ELIMINATION BEHAVIOR

1. How many litter boxes do you have?  0  1  2  3  4  5  6  Other:

2. Please describe the litter boxes by checking all that apply per box:

DESCRIPTION	1	2	3	4	5	6
Open						
Covered						
Large						
Small						
Deep						
Shallow						
Liner (unscented)						
Liner (scented)						
No liner						
Litter (see question below)						

3. What kind of litter material is used in the box(es)? (Please check all that apply and number corresponding to above description)

Box #	Type of litter	Location in house
	Plain clay	
	Clumping / scoopable	
	Playground sand	
	Sawdust / woodchips	
	Newspaper - pelleted	
	Shredded paper	
	Paper towels	
	Potting soil	
	Pine shavings	
	Wheat	
	Deodorized	
	Disposable cardboard tray	
	None (empty box)	
	Anything you can get with a coupon	
	Other:	

4. How frequently is the urine or feces scooped?

5. How frequently is the litter entirely changed?

6. How frequently is the litter box washed and the contents replaced:

7. Are deodorants such as bleach or Lysol used in the cleaning process?  Yes  No



## ELIMINATION BEHAVIOR, cont.

8. Will the cat immediately use a freshly cleaned litter box?  Yes  No  Unsure

9. Will the cat eliminate in the presence of other animals or people?  Yes  No  Unsure

10. Does the cat ever vocalize while it eliminates?  Yes  No  Unsure

11. Does the cat ever run out of the box after eliminating?  Yes  No  Unsure

12. Does your cat ever eliminate outside the box, in the house?  Yes  No

If so, does he or she:  Urinate  Defecate  Both

How do you clean up afterwards? (include product(s) used)

13. Describe, in detail, how your cat uses the litter box. For example, does he or she scratch in the litter before eliminating? Cover up feces? Scratch outside the box?

## MEDICAL HISTORY

1. At what age was your cat neutered/spayed (if applicable)?

Reason:

2. If your cat is not neutered has he/she ever been bred?  Yes  No  Unsure

3. Are you planning to breed your cat?  Yes  No  Unsure

4. Is your cat declawed?  Yes  No

If so, which feet?  Front  Back  All four

Age when declawed:

5. Is your pet currently receiving flea prevention?  Yes  No

If so, please list the type:

6. Has your pet been on any behavioral medications in the past?  Yes  No

Please list any **BEHAVIORAL** medications/supplements you have administered to your pet:

Date	Treatment	Outcome

7. Is your pet currently on any medications?  Yes  No

Please list any medications/supplements you administer to your pet:

**MEDICAL PROBLEMS:** Please list any previously diagnosed medical problems and how they were treated.

Date	Diagnosis	Treatment (including medications and dosage)	Outcome

8. Why have you kept the cat despite its behavioral problem?

## BITE HISTORY

1. If your cat has ever bitten anyone, please list the total number of bites:
2. Please list the number of bites that broke skin:
3. Please list the number of bites reported to public health authorities, and to whom: (i.e. local authorities, hospital, humane society, etc.):
4. Was there legal action taken against you as a result of the bite(s)?  
 Yes  No
5. Have you considered finding another home for this cat?  Yes  No
6. Have you considered euthanasia (putting your cat to sleep)?  Yes  No
7. Has someone recommended euthanasia before your visit here?  Yes  No

## EXPECTATIONS

What are your expectations for your appointment with the Behavioral Medicine Clinic?

Anything else you would like to add about your pet's behavior?

Where are you on a scale of 1 to 5 as follows? Please circle the answer that best describes your situation:

1. I am here only out of curiosity—the problem is not serious.
2. I would like to change the problem, but it is not serious.
3. The problem is serious and I would like to change it, but if it remains unchanged that's all right.
4. The problem is very serious and I would like to change it, but if it remains unchanged I will keep my cat.
5. The problem is very serious and I would like to change it; if it remains unchanged I will have my cat euthanized or give him/her up.